Dear Stretton Climate Care members,

We are all looking forward to being able to resume normal activities in a few months. In the meantime, here are some updates.

## • Changing diets - a new Cook Book

The need for us all to move to more plant based diets has been much in the news recently, with a resurgence of interest in home cooking and in vegetarian diets during lockdown. Later this year Stretton Climate Care is planning to produce a cookbook-with-a-difference: "Food for a healthy Planet". Full of tips and delicious recipes, this will be your essential guide as you make this change: something positive we can all do to save the planet! **BUT WE NEED YOUR RECIPES PLEASE.** Anything your family loves which is low meat, or vegetarian; ideas to use up odds and ends to stop food waste; lovely things using seasonal foods; and recipes for using and storing garden gluts. But please note that for copyright reasons we can't use recipes straight out of in- print cook books... so get inventive, send us your own ideas or versions of recipes you've seen.

Send to vrmorris46@gmail.com

## • EV Charge Point

We are delighted that the EV Charge Point outside the Coop is working again. Fixing the problem seemed to take an inordinate amount of time, but all's well that ends well!

## • Free meters

We have a number of the old fashioned electricity consumption monitors – especially useful for those still without a smart electricity meter. Free to a good home. Contact Jon Cooke jonrcooke52@gmail.com or 01694 720353

Please note the following events in your diaries:

- **South Shropshire Climate Action Conference** The next conference is scheduled for **22 May 2021**, to discuss and launch the Report which various groups have been working on since the launch conference last year. To sign up and for further information, go to <u>www.southshropshireclimateaction.org</u>
- Low / Zero Carbon Day, 9th October in the large Co-op car park. This is an expansion of our electric car days and we hope will include electric and ordinary bikes, low carbon technologies such as Air Source Heat Pumps, P.V. and Solar Hot Water, a display by the A.O.N.B. and other organisations promoting the urgent need to reduce carbon emissions in all aspects of society. If anyone has ideas for other possible displays please email jonrcooke52@gmail.com- there is still some room. Also hope to have room for a few members own electric cars.

## Food for a Healthy Planet - Presentations and discussion Friday 17<sup>th</sup> September

We hope to run a "**Green Homes Day**" later in the year – examples of what individual householders have done to make their homes low carbon. If anyone would be willing to let others see what they have achieved, please email <u>info@strettonclimatecare.org.uk</u> with your contact details and a brief account of what you have done.

Apart from planning our own events, committee members have been busy contributing to the work of both South Shropshire Climate Action, and Zero Carbon Shropshire. Despite our anger and frustration at the Government's cancellation of the Green Homes Scheme, which though flawed at least offered some way forward, we continue to press, with your support, for practical solutions which will provide a sustainable future for our children and grandchildren.

David Howard Chair, Stretton Climate Care